

# Cross Country Track



## Program Overview



Sean Kibrick is entering his sixth season as the head cross country and track coach. Coach Kibrick was the NJCAA Coach of the year in 2005.

### Head Coach

**Sean Kibrick**

6th Season

ECC South Campus  
4041 Southwestern Blvd.  
Orchard Park, NY 14127  
(716) 270-2611  
Kibrick@ecc.edu

Kibrick previously served as an assistant coach at ECC for cross country and track for two years and one year at Fredonia State College.

### Assistant Coach

Justin Allen

## Program Accomplishments

The Erie Track and field/cross country teams already have garnered many accomplishments this year entering the outdoor season.

The cross country teams both improved upon last years results with Corey Pepero and Gina Adornetto both making the All-Region teams.

In the indoor track season, Adornetto was a four-time regional champion. The women's indoor team won its first regional championship since 1996 and the men finished second in a strong field. Adornetto claimed the mile run, 5,000 meters and 1,000 meters. She was also on the winning 4 x 400 meter relay team as well.

Morris Taylor won the 400 and 600 meter races on the men's side and was on the winning 4 x 800 relay team as well. Jordan Manns won the 200 meter race, setting a Region III record in the process.



The cross country team in action.

## Schedule

### Cross Country

**Alfred State**  
**Roberts Wesleyan College**  
**Geneseo State**  
**University of Rochester**  
**Houghton College**

**Alfred, NY**  
**North Chili, NY**  
**Geneseo, NY**  
**Rochester, NY**  
**Houghton, NY**

### Indoor Track

**University of Rochester**  
**Fredonia State**  
**Syracuse University**  
**Cornell University**  
**Regionals @ Cornell**

**Rochester, NY**  
**Fredonia, NY**  
**Syracuse, NY**  
**Ithaca, NY**  
**Corning, NY**

### Outdoor Track

**Alfred State**  
**Legends Relay**  
**Alfred State**  
**Houghton**  
**University of Rochester**  
**Roberts Wesleyan**  
**UB**  
**Penn Relays**

**ECC South**  
**ECC South**  
**Alfred, NY**  
**Houghton, NY**  
**Rochester, NY**  
**North Chili, NY**  
**Buffalo, NY**  
**Philadelphia, PA**

**Lady Kats Indoor Track- 2009 Region III Champions**